

Gloucester-Mathews Free Clinic

# Clinic Connection

Serving Gloucester & Mathews Since 1998

[www.gmfreeclinic.org](http://www.gmfreeclinic.org)

## Ann Quinn: Virginia's Senior Volunteer of the Year



From running the entire operation to running patients to specialty medical appointments, the Gloucester-Mathews Free Clinic is still running 10 years after first opening because of the dedication of Ann Quinn. Because of that dedication, in April, Quinn received the Governor's Volunteerism & Community Service Award: Senior Volunteer. Gov. Tim Kaine presented Quinn with her award at an intimate ceremony at the Executive Mansion in Richmond.

"It was once said that the only ability that a volunteer needs is availability," wrote Dr. Fredrick Arnold, the clinic's first medical director. "Ann Quinn exemplifies that ability to the nth degree. She personifies the meaning of volunteerism. I have been blessed by being able to work with her all of these years."

Quinn may be the clinic's most avid volunteer, but it's a title that hardly fits a woman who has dedicated full-time hours to the clinic, refused any form of payment and maintained regular personal donations to the cause.

"For years, Ann Quinn has tirelessly recruited other volunteers to serve with her at the clinic," C. Richard Pogue, who serves on the Board of Directors for GMFC,

said in his nomination letter.

"She seems to know everyone in Gloucester County and can be very persuasive. Every community would be blessed to have an Ann Quinn in its midst. Ours certainly is!!"

Quinn has volunteered twice to serve as acting executive director, totaling roughly 18 months of full-time service without compensation.

She currently serves as the dental coordinator and occasional taxi driver. Yes...taxi driver.

Whenever a patient needs a ride to another medical office for a specialty referral, Quinn won't hesitate to offer her services.

In any given week, Quinn donates 12 hours of her time to the clinic.

During preparations for big events – like the recent accreditation process and annual Casino Night planning – Quinn returns to near full-time hours.

Congratulations!!



January-April 2009 Statistics at a Glance

# Patient Visits: +960

Value Rx Filled: \$362,000



## GHS Students a Fixture at GMFC Fundraising Events

If you've ever attended a Gloucester-Mathews Free Clinic fundraising event, it's likely you've seen the Gloucester High School Interact Club students in action.

Frankly, the clinic's fundraising events run as smoothly as they do, in part, because of the dedication of these teenagers turned dedicated volunteers.

In the last year alone, the students helped set up and run the annual Night at the Casino. They've directed runners at the second annual Bobby Stewart 5K Walk-Run and at the clinic's first costume party, the students ran the entire kitchen operation.

As if that's not enough, the students also volunteer for various other community organizations.

Interact is Rotary International's service organization for young people 14 to 18 years old.

So, if you see an Interact Club student around, pat them on the back for always coming through for the community and the clinic!



## Hundreds Gather for 2009's Night at the Casino, Bringing in \$55,000 for Clinic Operations

Nearly 400 friends of the Gloucester-Mathews Free Clinic gathered at the Abingdon Ruritan Club in March to use their funny money to play some cards, make a few bets and support the clinic's operations!

Combined - from generous sponsors to ticket sales to silent auction sales - the clinic raised an estimated \$55,000.

For every dollar raised, the

clinic can provide \$7 in medical care to its uninsured patients.

Party-goers went home with high dollar prizes, including rounds of golf at area courses and spa gift certificates.

Silent auction bidders won, among other items, a teak bench, wine from The Napa Valley Reserve, P. Buckley Moss prints and more!

## Second Annual Bobby Stewart Walk-Run a Success, Raises \$12,500



Ware Academy and the Gloucester-Mathews Free Clinic joined forces again this year to host the 2<sup>nd</sup> Annual Bobby Stewart 5K Walk-Run at Williams Wharf in Mathews.

The event raised \$12,500 with more than 200 participants.

The proceeds benefit the Ware Academy Scholarship and Financial Aid Fund and the Gloucester-

Mathews Free Clinic.

In honor of Dr. Bobby Stewart, who was a strong advocate for both education and the GMFC mission, the clinic's Board of Directors voted to establish the Bobby Stewart Memorial Fund. Wish to donate to the clinic in Bobby Stewart's name? Send your donation to the clinic with "Bobby Stewart" in the memo line.



## Shop to Support the Gloucester-Mathews Free Clinic

Each time you shop at Food Lion and use your MVP card, a portion of your total grocery purchase will be donated to the free clinic thanks to the Food Lion Shop & Share Program.

Register and link your MVP card to the free clinic in just a few steps:

(1) Log on to

<http://www.foodlion.com/InTheCommunity/ShopandShare/>

(2) Select "Register MVP Cards" and search for the Gloucester-Mathews Free Clinic in Hayes, Virginia.

(3) Enter your 12-digit MVP card number. Start shopping!!

## NOW OPEN: Mathews Satellite Clinic: *Same Care, Different Location*



### WHERE

Mathews County Health Department  
536 Church Street

### WHEN

Wednesdays  
5:30 p.m.



Just as you normally would, call the main Hayes clinic to make your appointment. Let the receptionist know you'd like to be seen in Mathews.

Not currently a patient but are without health insurance? Call the main clinic at (804) 642-9515 and schedule a time to get screened for services.



Thank you to all the doctors who see GMFC patients in their offices!

Dr. Peter Wilcox  
Dr. Melvin Ressler  
Dr. Todd Geisert, Dr. Kearfott Stone  
Dr. Jeanne Brooks  
Dr. Peirce Martin  
Dr. Mark Meadows  
Dr. Gemma Meadows  
Dr. David Muffleman  
Gloucester Neurology and Sleep Center  
Hugh Bryan  
Dr. Andrea Crawford  
Dr. David Muron  
Riverside Cardiologists  
Tidewater Physical Therapy  
Riverside Physical Therapy  
Dr. C.R. Harris, Dr. Nathan Voght,  
Dr. Joseph Lombard

## From Executive Director Kay Bradley's Desk:

We have recently had many requests to present to civic groups about the services we provide to Gloucester and Mathews adults without insurance. I try to give them a visual picture of how bad the economy is impacting the uninsured.

A year ago, we were getting 25 calls for services per month. Now, we get 25 per week.

Most of the people that enroll for services have a chronic disease and have "put off" coming to the clinic until they have exhausted their funds. Most stopped getting their prescription filled months ago.

The Gloucester-Mathews Free Clinic is fortunate to have a Charity Care Agreement with all three area hospitals so we can send our patients for diagnostic testing and lab work to try to stabilize their health.

Local government (both Gloucester and Mathews counties), area foundations, civic organizations, churches, businesses and private individuals are also our heroes.

Your support to the free clinic is helping us make a difference in people's lives. In a stressful time when people are losing their jobs, and some losing their homes, it is good to have a compassionate community that is supporting our efforts. Thank you so much!

# Get Involved with Clinic FUNdraising Events!



Want to get behind the scenes of the GMFC fundraising events? Love to plan parties? Our fundraising committee is looking for volunteers to help brainstorm ways to put the FUN in fundraising. We need a few extra hands to pull these events off, too.



Interested?

Contact Meghan Reynolds, the clinic's volunteer resource manager, at [meghan.reyn@gmail.com](mailto:meghan.reyn@gmail.com).

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Thank you for your support!!

