

Gloucester-Mathews Free Clinic

Clinic Connection

Serving Gloucester & Mathews Since 1998

www.gmfreeclinic.org



Serving In Expanded Ways

Measure of our
Success:
2008 Statistic
Snapshot

3,286
Patient Visits

14,028
Prescriptions
Filled

\$1.3 million
Value of
Prescriptions
Filled

ENDLESS
Reasons To Get
Involved



GMFC New Main Street Property Now Houses Administrative Offices, Freeing Up the Hayes Clinic For New Education Programs and Enhanced Services

GMFC purchased the former Church of the Nazarene property at 7314 Main Street late last year and just weeks ago moved the administrative headquarters there to make room for additional services at the Hayes clinic. Clinic staff will also perform in-takes from the new location, providing a central spot for both Gloucester and Mathews patients.

The Hayes clinic, located on George Washington Memorial Highway just north of the Coleman Bridge, remains open, with all clinical appointments still held there.

Following months of research and discussion, the clinic's Board of Directors voted to purchase the property for \$240,000. The need for an expansion was clear. More and more people - often our friends, family and neighbors - are turning to the clinic for their healthcare needs. In 2008, the number of patients served and the value of prescriptions filled topped 2007 statistics long before year's end.

"The building committee looked at all the options available, from leasing and buying," said Adam Taylor, vice president of the clinic's Board and chairman of the building committee. "We were able to buy the church property with monthly fees less than leasing a similar facility."

The Hayes clinic now has the room to start a patient education program, serve additional patients and incorporate new volunteers and staff members.

"Being closer to Riverside Walter Reed Hospital and to Sentara Urgent Care, we will be likely to get more patients coming for information about the clinic and our services," said clinic Executive Director Kay Bradley.

According to the U.S. Census Bureau, more than 1 million Virginians are uninsured - a statistic recorded more than four years ago. Given the current economic climate, the number is continually on the rise and the need to ensure that even the uninsured are cared for has never been more important.

As a donor and/or friend of GMFC, you already know that more than 75 percent of free clinic funding across the state largely comes from private sources.

Your continued support is why GMFC can now serve more patients in improved ways!

*Drop Us a Line!
Come Visit!*

2276 George Washington
Memorial Highway
Hayes, Va. 23072
(804) 642-9515

Meet Meghan Reynolds: GMFC Volunteer Resource Manager

Gloucester native Meghan Reynolds joined the Gloucester-Mathews Free Clinic as the Volunteer Resource Manager late last year and has already hit the ground running to organize current volunteers, recruit new help and train under Executive Director Kay Bradley to help write grant applications and promote the clinic in the community.

Reynolds, born in Norfolk and raised in Gloucester, has been actively involved in the community for years. As a Gloucester High School student, Reynolds volunteered at the clinic. It was an experience that, she said, highlighted for her the critical need of the clinic to the Gloucester and Mathews communities.

"Health insurance is such a costly, but important, expense for families in our community," Reynolds said. But "many people lack the funds that are needed to pay for health insurance."

As a student at the University of Mary Washington, Reynolds began to see the personal effects being uninsured has on families.

"Throughout college I worked as a waitress," Reynolds said. "Many servers who got sick were not able to afford a doctor's visit. They would be forced to take time off work to get better and therefore did not make the money they needed. This becomes a snowball effect that results in people not being able to pay their bills or even losing their jobs."

Reynolds returned to Gloucester after earning her degree in business administration.

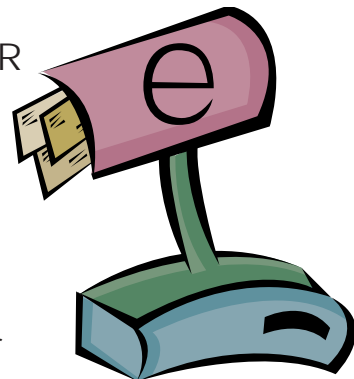
Reynolds hopes to "educate existing, past and potential volunteers of what the GMFC does and the need for it in our community," and to "bring in more volunteers by making them aware of the personal and financial benefits of volunteering."

"The camaraderie between the group of volunteers and staff is extraordinary," Reynolds said. "Everyone works together to meet the needs of the patients and to get them the care they deserve."

"It is important for the residents of Gloucester and Mathews stay healthy in order to keep working and provide for their families," Reynolds said. "The free clinic provides a place for people to get the health care they need. With more volunteers helping the clinic, the larger we can grow and the more patients we can accept."

WANTED: DOCTORS, OFFICE WORKERS,
FUNDRAISERS, ENVELOPE STUFFERS...WHATEVER
YOUR SKILL, WE NEED YOU!

Want to volunteer? Joining our team couldn't be easier...and you don't need medical experience to help. Running a clinic means bringing together a team with diverse experiences. And working with a FREE CLINIC means helping plan, organize and host fundraising events. To sign up, visit www.gmfreeclinic.org, download the volunteer application, fill out the simple form and e-mail it back to Meghan Reynolds, Volunteer Resource Manager, at meghan.reyn@gmail.com. A clinic staff member will be in touch soon!



THANK YOU, THANK YOU to all of the wonderful volunteers who dedicated their time and skills at the clinic October through December 2008. Without your commitment to our clinic and patients, we would not have been able to meet the needs of thousands!

<u>Physicians</u>	Donald Tschan	Karen Kovacs	June Hughes	Billy Griffin	Brenda Johnson
Fred Arnold	Christian Warthen	Linda Meredith	<u>Pharmacists</u>	Gary Trinkle	Joanne Lewis
Joel Backer	Ella Webster	Jackie Pittman	Rick Allen	<u>Administrative</u>	Carol Perkins
Richard Crowder	Frank West	Sandra Pollock	Cynthia Geisert	Victoria Black	Noel Prisler
Robert Davis	Sarah West	Peggy Poole	Jeff Lane	Molly Boon	Ann Quinn
Steve Griswold	Peter Zullo	Martha Rhodes	Virginia Walker	Nichole Davidson	Rose Snare
Thomas Irungu	<u>Nurses</u>	Pam Roundtree	<u>Building and</u>	Linda Gaskins	Charlie Stubblefield
David Justis	Cindy Dorsey	Lou Taylor	<u>Maintenance</u>	Irene Grow	Chuck Villa
Campbell MacArthur	Sharon Harris	Marlee Tyson	Vincent Black	Nina Guy	Emily Williams
Joe Regan	Victoria Johnson	<u>Pharmacy Techs</u>	Robert Bradley	Sally Hartfield	<u>Call us & join this</u>
Wayne Reynolds	Mary Knutson	Mary Margaret Hutchins	Trae Bradley	Emily Hogge	<u>list next time!!</u>

*Walk/Run
Registration
Form Goes
Here...*

Save the Date For FUNdraising Events!



Gloucester-Mathews Free Clinic's Annual "Night at the Casino"

*Buy tickets at
Twice Told Tales on
Main Street, Golden
Creations in York
River Crossing or the
Mathews Visitor
Center*

March 21, 2009
6 p.m. to 11 p.m.

Abingdon Ruritan Club

\$30 per person

*Event sponsored
by local businesses
and friends
of the free clinic!
Support them by
supporting us!*

Cash Bar. Silent Auction. Raffle prizes. Casino-themed games.

Interested in working or sponsoring this event?
Contact Adam Taylor (804) 815-1495.

Gloucester-Mathews Free Clinic
2276 George Washington
Memorial Highway
Hayes, Va. 23072

*Bulk Permit #22
Presort Standard
Hayes, Va.
23072*

Thank you for your support!!

